



## Prayer List

### HOME

- Mari Ley
- Isobel Prater
- Hap Reeves

## PCM ANNUAL LUNCHEON

The Presbyterian Community Ministry Annual Luncheon is just a few days away! PCM is a ministry founded in our church that includes other churches, civic organizations and individuals who work together to help the less fortunate in Lee County with utility and rent related financial assistance as well as home repair and maintenance projects. Our featured speaker this year is Dr. Tripp Martin from Auburn First Baptist Church, one of our member churches. The Annual Luncheon is an opportunity to learn more about this storied organization and to hear about the wonderful work this congregation has helped to fund in the last year.

*Please join us*

Monday, February 17, 2020

11:45 - 1:00

Baird Hall

This event is free of charge and open to all congregation members, donors, community partners, and interested parties. We hope you will join us!

Tracy Parsons  
Development & Project Coordinator  
Presbyterian Community Ministry

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**First Presbyterian Church**  
**Auburn, Alabama**

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### **Sixth Sunday in Ordinary Time**

February 16, 2020

8:30 a.m. - Communion (Chapel)

11:00 a.m. - Worship (Sanctuary)

Worship Leader: Rev. Kathy Reed

### **Transfiguration of the Lord Sunday**

February 23, 2020

8:30 a.m. - Communion (Chapel)

11:00 a.m. - Worship (Sanctuary)

Worship Leader: Rev. Nick Reed

## FAITH COMMUNITY NURSE NEWS

### *Weekly Calendar*

#### **Sunday, February 16**

- 8:30 AM -Communion (Chapel)
- 9:45 AM -Sunday School
- 11:00 AM -Worship (Sanctuary)
- 4:00 PM -Confirmation Class (Sr. High SS)
- 5:00 PM -Chancel Bell Choir
- 5:00 PM -Children & Youth Dinner/Fellowship
- 7:00 PM -UKirk Dinner & Bible Study

#### **Monday, February 17**

- 11:45 AM -PCM Annual Meeting (Baird)
- 6:15 PM -Session Meeting (Conway)

#### **Tuesday, February 18**

- 12:00 PM -PCM Board Meeting (Library)

#### **Wednesday, February 19**

- 11:30 AM -Women's Bible Study (Library)

#### **Thursday, February 20**

- 5:15 PM -Congregational Dinner
- 7:00 PM -Choir Rehearsal

#### **Sunday, February 23**

- 8:30 AM -Communion (Chapel)
- 9:45 AM -Sunday School
- 11:00 AM -Worship (Sanctuary)
- 4:00 PM -Reformation Ringers
- 5:00 PM -Chancel Bell Choir
- 5:00 PM -Children Dinner/Fellowship
- 7:00 PM -UKirk Dinner & Bible Study

#### **Wednesday, February 26** *Ash Wednesday*

- 11:30 AM -Women's Bible Study (Library)
- 5:15 PM -Congregational Dinner
- 6:00 PM -Ash Wednesday Service
- 7:00 PM -Choir Rehearsal

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### **SAVE THE DATE AND REGISTER NOW - WOMEN'S CONNECTION CONFERENCE, AUGUST 13-16**

Open to all women of the church, this year's Women's Connection Conference in Montreat, North Carolina, will feature leadership outstanding leadership in a beautiful setting. If you are interested in attending, register online at <https://montreat.org/events/wc2020> for the "commuter rate" and contact Rev. Kathy Reed ([kreed@fpcauburn.org](mailto:kreed@fpcauburn.org)) for more information about housing. An additional women's event is also being planned for early 2021 that will be closer to Auburn and more compatible with the Auburn City Schools/Auburn University schedules.

In going through some of the items in the Parish Nurse Office (think house cleaning!) I found an item that is still pertinent. The article deals with taking care of yourself when you are also caring for someone else. I know that several of you are involved in care giving. This can be challenging both physically and mentally. Here are some helpful ideas:

- Get 7 - 9 hours of sleep each night. If your sleep is interrupted, a short nap in the day might help. Or arrange to trade night duty with another care giver.
- Eat 2-3 balanced meals everyday. This will take care of your self and provide necessary energy.
- Get out of the house by yourself at least an hour once a week. This can be for shopping, getting groceries, taking a walk in the neighborhood, visiting a friend, etc.
- Stay in touch with three friends or relatives weekly. This can be by a visit, talking on the phone, computer visits, etc. This allows others to participate in your life and also be of help.
- Keep your own medical and dental appointments. Your health is important too.
- Be sure that important legal and financial papers are in order and accessible in case of emergency.
- Be aware of community resources that can be useful to you or the person that you care for. Auburn has many useful groups or organizations that can provide information or suggestions for your particular situation.

Know that you are appreciated and needed. Care giving is essential and you are appreciated even if no one says so!

Your Faith Community Nurses,  
Jan Widell & Erin Brown

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### **THURSDAY DINNERS**

Please join us for our weekly congregational dinner in Baird Hall. We begin serving at 5:15 p.m. and continue until 6 p.m. The cost of the meals is \$5/person with a maximum of \$10/family. College students eat for only \$2. No reservations are required.

Feb. 20 - Menu: Pot Roast, Rice, Steamed Broccoli, Dinner Rolls, Brownies.

Feb. 26 (WEDNESDAY!) - Menu: BBQ Sandwiches, Baked Beans, Cole Slaw, Cookies. Ash Wednesday Service follows in sanctuary.

## CE NEWS

Sunday, Feb. 16: Children and Youth activities begin with dinner at 5:00 p.m. in Baird Hall and then activities for children and youth from 5:30-6:30 p.m.

Sunday, Feb. 23: Children's activities begin with dinner at 5:00 p.m. in Baird Hall and then choirs from 5:30-6:30 p.m. No Jr. /Sr. High Youth due to the presbytery retreat.

Register now for the Living River Presbytery Retreat, Feb 21-23. Cost for the retreat is \$70. Visit [www.pslpcusa.org/retreats](http://www.pslpcusa.org/retreats) and click the link to register. Under the payment section, click "bill the church" and give your payment to Chris.

Our Jr and Sr High Youth are teaming up with youth from First Baptist and Holy Trinity Episcopal to help fight global hunger. On March 1, 4:30 – 6:30 p.m., we will be packing meals with the Rise Against Hunger international hunger relief organization. We will continue the evening with dinner and fellowship.

Thank you all so much for your overwhelming support for the Souper Bowl of Caring! Because of your generosity, we raised \$1200 that will be donated to the East Alabama Food Bank to help fight local hunger.

Chris Sarkowski

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## NEW ADDRESSES

Two long-time, faithful families have recently left Auburn, but would love for you to keep in touch!

John and Pam Gam have moved to Birmingham to be closer to daughter Erika and her family. Their new address is 123 Riviera Rd, Birmingham, 35209.

Michael and Betsy Panhorst have moved to the west coast nearer family and their new address is 13700 SW Butner Road, Beaverton, OR, 97005.

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## COMMUNITY MARKET: IMMEDIATE VOLUNTEER NEEDS

Our local mission partners at the Community Market are in need of Check-Out volunteers from 11 a.m.-1 p.m. on Thursdays, Fridays, Saturdays as well as Interviewers on Thursdays. Interested in helping? Contact Carolyn Finley at 749-8844 or [cfinley@foodbankofeastalabama.com](mailto:cfinley@foodbankofeastalabama.com).

## *Birthdays*

- Feb. 16 Kate Garrett
- Feb. 17 Jon Gam, Denise Salo, Ellen Sherling
- Feb. 21 Olivia White
- Feb. 22 Mitchell Lane
- Feb. 27 David Carter, Charlie Reed, Anna Wohleb
- Feb. 28 Nicole Boswell
- Feb. 29 Kathy Tamblyn

## *Anniversaries*

- Feb. 17 Charles and Peggy Johnson (60<sup>th</sup>!)
- Feb. 18 Kyle and Katie Lindsey

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## RECEPTIONISTS

February 17-21

AM - Becky Buchanan, Carolyn Williams, Mary Parsons, Shirley Bartels, Jim Disque.

PM - Sandra Spencer, Carolyn Williams, Mary Simon, Emily Klinkenborg, Joan Foil.

February 24-28

AM - Shirley Bartels, ?, ?, Patsy Combs, Lilli Muljadi.

PM - Bonney Schowalter, Carol Griffin, Mary Simon, Olyne Fischer, Vicki Throckmorton.

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## 2020 LENTEN SUNDAY SCHOOL SERIES

The season of Lent is a time of self-examination in preparation for the celebration of the resurrection of the Lord at Easter. It is a period of 40 days during which the power of the resurrection on the horizon ahead draws us into repentance toward the cross and tomb. Through the intervention of God's gracious resurrection, lifelong changes in our values and behavior become possible.

Join us for our 2020 Lenten Sunday School series as, each week, we explore a different spiritual practice that may offer us new opportunities to live out our faith more deeply in our daily lives. The study is based on Marjorie J. Thompson's book, *Soul Feast: An Invitation to the Christian Spiritual Life*. Though participants are welcome to purchase and read this book, it is not required for participating in the class. Accompanying devotional materials will be made available to be used throughout the Lenten season. The class, led by our pastors, will take place Sundays, March 1-April 5, in Conway Hall at 9:45 a.m.

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First Presbyterian Church  
143 East Thach Avenue  
Auburn, AL 36830

### **FACILITIES IMPROVEMENT FUND**

The Property Committee has printed a new Facilities Improvement & Renovation Fund brochure to highlight projects that are greatly needed throughout our church. The committee asks that you give considerable thought as to where YOU might help improve our facilities. You can find copies of the FIRF brochure in the narthex or outside the church office. Any member on the Property Committee will be happy to discuss your questions.

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### **ASH WEDNESDAY**

Marking the beginning of the season of Lent, this year's Ash Wednesday Service will be held February 26, in our sanctuary. Our mid-week dinner will begin at 5:15 p.m. in Baird Hall. Following the meal, everyone is invited to the sanctuary for worship, prayer, and the imposition of ashes. God's children of all ages are welcome to attend this brief service, though the nursery will be available for children ages six and under.